



Port Moody Amateur Hockey Association Athlete Code of Conduct

In your personal and athletic development, you as an athlete play a critical role. You must understand and respect your relationships and the commitment that is required as a member of a team. You must also recognize that to achieve success for yourself and your team an acceptable level of behaviour is expected.

Your Coaches are accountable for their actions and are expected to maintain a level of conduct with players, parents, game officials, etc. The following code of conduct, developed by the BCAHA, will give a clear understanding of what is expected from you, the athlete.

ATHLETES HAVE A RESPONSIBILITY TO:

1. Treat everyone fairly within the context of his or her activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
2. Direct positive comments to the individual and criticism at the performance rather than the individual.
3. Consistently display high personal standards and project a favourable image for your sport.
4. Refrain from public criticism of athletes, coaches or officials.
5. Refrain from the use of profane, insulting, harassing or otherwise offensive language.
6. Abstain from the use of tobacco products and discourage their use by other athletes.
7. Abstain from drinking alcoholic beverages, using performance enhancing or mind altering drugs.
8. Follow the competitive program and rules of conduct as mutually agreed upon by you and your coaches.
9. Communicate and cooperate with registered medical practitioners in the diagnosis, treatment and management of medical problems. Respect the concerns these medical people have when they are considering your future health and wellbeing regarding rehabilitation and return to active play.
10. Regularly seek ways of increasing your athletic development and self-awareness.
11. Uphold the rules of the sport, the spirit of such rules and encourage others to do the same.
12. Treat opponents and officials with respect both in victory and defeat. Encourage other athletes to do the same.

ATHLETES MUST:

1. At no time allow individuals who may request sexual favours or use threats of reprisal for rejection to go unreported.
2. Participate in a manner that ensures the safety of athletes, coaches and officials also participating in the game.
3. Respect other athletes' dignity: verbal or physical behaviour that constitutes harassment or abuse is unacceptable.
4. Never advocate or condone the use of drugs or other banned performance enhancing substances.
5. Never use or condone the use of alcohol